



**Out &
Proud
Program**

fact sheet

LGBT YOUTH RESOURCES ACROSS ONTARIO

Phonelines

Lesbian Gay Bi Trans Youth Line - (416) 962-YOUTH (Toronto) 1-800-268-YOUTH (9688) (anywhere else in Ontario) www.youthline.ca

- Anonymous, confidential and toll-free peer telephone support
- Youth can talk anonymously to other youth about being LGBTQ, to get resources in their area or ask questions related to sexual or gender identity

Kids Help Phone 1-800-668-6868

- Free anonymous counselling, bilingual and confidential; Online support as well
- 24 hours a day, seven days a week, 365 days a year
- ages 5-20 years old
- LGBT positive

City of Toronto AIDS & Sexual Health Information Line (416) 392-2467 in the GTA or 1-800-668-2437 (toll free) – Province wide

- Free anonymous services staffed by professional, multidisciplinary and multi-cultural counsellors who offer assistance in various languages
- Not Youth Specific

Local Resources

Greater Toronto Area

Peel Pride LGBT Youth Drop-In - (416) 791-7800 www.positivespacepeel.org or pospeel@positivespacepeel.org

- Weekly drop-in in Mississauga for LGBTTTQQ and questioning youth under age 18
- A safe space to develop sexuality and a sense of belonging in Mississauga

TG Aesthetics: Richmond Hill (905) 737-3050, meow@tsaesthetics.com

- Provides transformation services and helps guide emerging trans women in the areas of appearance and presentation

Guelph Area

OUTline – (519) 836-4550

- a confidential peer support and resource line for people dealing with LGBT issues in the Guelph

**Fostering Safe Spaces For People Of All Sexual And Gender Diversities:
Lesbian, Gay, Bisexual, Transsexual, Transgendered, Intersex,
Queer, Questioning And Others**



and Wellington County area

Trans in Guelph Resource and Support (TIGR): Guelph-WellingtonDufferin –

(519) 240-6352, TIGRS@rogers.com

- TIGRS is an informal resource and support group for transgender/transvestite/two spirited/intersexed individuals

Halton

Halton Pride– Halton (905) 632-4551 info@haltonpride.ca or www.haltonpride.org

- HOPE- Halton Organization for Pride and Education
- LGBT parenting group
- Youth Support Group

Hamilton

Transsexual Peer Support Group: Hamilton – (905) 528-0207 ext.43, Janet@interlynx.net

- Meetings are held every second Thursday from 6:30pm to 8:00pm.

Kitchener-Waterloo-Cambridge Area

Torchlight Gender Support Group: Kitchener-Waterloo-Cambridge – torchlight@gto.net or Website: <http://home.golden.net/~kcr/tgs/>

- Meets 1st Monday of month at 7:00pm at Wesley United Church (6 Cambridge St.)
- Open to transsexual, questioning, family, friends and employers.

Kingston Area

Kingston Area LGBT Resources www.christiangays.com/links/kingston.shtml

- support and recreational groups
- written resources and pamphlets

Niagara/St. Catharines

Transgendered of Niagara: St. Catharines'-Niagara (905) 359-4486 transgenderedofniagara@yahoo.ca, contact Christine Martin

Ottawa Area

Gender Mosaic of Ottawa - (819) 770-1945 P.O. Box 7421, Vanier, Ont., K1L 8E4

<http://www.geocities.com/WestHollywood/9630>

- Peer support, social events, support and discussion groups
- Not youth specific

Ottawa Transsexual Support Resources - www.ts-ottawa.ca

- Access to resources online and listings of local Ottawa transsexual/transgender support resources
- Social support for Transsexuals and Intersexuals who are in various stages of transition from



Eastern Ontario and Western Quebec

Pink Triangle Services: Ottawa - (613) 563-4818 Bells Corner, 3730 Richmond Rd. Suite 107, Ottawa. www.pinktriangle.org, Bilingual

- Community Centre with resources for youth, youth group:
pty@pinktriangle.org
- Trans and parent support groups

Trans Youth Ottawa: Ottawa - www.transyouthottawa.ca/

- A social support group for youth and young adults who are transgendered, transsexual, genderqueer or questioning; promote the exploration of gender in a positive environment. Monthly meetings