

You have the right to complain about the care or treatment you are receiving. And there are steps that we must follow when you tell us about your complaint.

We want to hear from you if things are not going well so that we can try to make things better for you and for other youth in our care.

## Contact Information

TorontoCAS.ca | 416.924.4646

My worker is:

My worker's number is:

Office of the Ontario Child Advocate (OCA)  
416-325-5669 | 1-800-263-2841 | TTY 416-325-2648

Office of the Children's Lawyer (OCL)  
416-314-8000

Residential Placement Advisory Committee (RPAC)  
416 482-0081 x233 | [www.skylarkyouth.org](http://www.skylarkyouth.org)



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# RIGHTS & RESPONSIBILITIES

## Child and Youth in Care

As a child or youth in care you have certain rights that must be given to you. These rights can not be taken away from you.



## I Have the Right to...

- Know and understand my rights
- Be and feel safe
- Be treated fairly no matter what my race, sex, culture, religion, abilities or sexual orientation is
- Have a say in what happens to me
- Express my thoughts and feelings
- Be properly fed, clothed and cared for
- Go to school
- Receive dental and medical care
- Take part in recreational and school activities
- Take part in religious and cultural events that are important to me
- Speak my language and have access to an interpreter
- Privacy
- Know the rules, expectations and consequences in the home in which I live
- Talk in private with my lawyer, the Ombudsman, a Member of Parliament or a Provincial Advocate
- Know how to contact the Advocate's office
- Receive communication that is not opened or altered, except as permitted by law (CFSA)

## If I am Over 12 I Also Have the Following Rights...

- Attend court and know what decisions are planned for me
- Ask for a placement review or appeal to RPAC if I disagree with the agency's decision about your placement
- Help develop my plan of care
- Access the information CAS has on file about me

**You always have your rights  
no matter how well you are  
meeting your responsibilities.**

## If I Have Been Charged With a Criminal Offense I Also Have the Following Rights...

- Know why I have been charged
- Remain silent and contact a lawyer
- Call a lawyer, a parent and/or someone I trust
- Be given the telephone number of a lawyer
- Call my worker when I need to
- Have a lawyer represent me
- Ask for a temporary release (day or weekend pass)
- Ask for a Custody Review Board to review decisions related to my care

## As a Child or Youth In Care

### I Also Have Some Responsibilities...

- Keep in contact with my worker
- Attend school and do my homework
- Attend all my appointments
- Respect other people and their property
- Respect others' privacy
- Respect other people's differences
- Take care of myself/ my body
- Be helpful to others and do my share (of chores)
- Take responsibility for my actions/for what I do

